

A culturally rooted, strength-based path to recovery.



## When

Fridays at 6:00 PM (Alaska Time)



## Sign up

Online – Register at teejuh.org under the services tab



Shtlee uses the evidence-based SMART Recovery program to offer a culturally appropriate space for those facing addiction. We help individuals

shift from harmful behaviors to a life of self-respect and readiness for change by building motivation, managing cravings, developing emotional control, and creating balance.



Call for more info: 877-935-6003



Register online: teejuh.org

→ Services Tab