



# SHTLEĚ

## TeeJuh Alcohol Recovery Support Group

*A culturally rooted, strength-based path to recovery.*



### When

Thursdays at 6:00 PM  
(Alaska Time)



### Sign up

Online – Register at  
[teejuh.org](http://teejuh.org) under the  
services tab



ShtleĚ uses the evidence-based SMART Recovery program to offer a culturally appropriate space for those facing addiction. We help individuals

shift from harmful behaviors to a life of self-respect and readiness for change by building motivation, managing cravings, developing emotional control, and creating balance.



Call for more info:  
877-935-6003



Register online: [teejuh.org](http://teejuh.org)  
→ Services Tab

